

Thirteenth Sunday after Trinity

INTRODUCTION

INTROIT HYMN— **302** *New English Hymnal*

In the name of the Father, and of ✠ the Son,
and of the Holy Spirit.

All respond: Amen.

The Lord be with you.
And also with you.

The PRAYERS OF PENITENCE are introduced.

**Almighty God, our heavenly Father,
we have sinned against you,
through our own fault,
in thought, and word, and deed,
and in what we have left undone.
We are heartily sorry,
and repent of all our sins.
For your Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may serve you
in newness of life,
to the glory of your name. Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon ✠ and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

KYRIE ELEÏSON is sung.

**Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.**

GLORIA IN EXCELSIS is sung.

**Glory to God in the highest, and peace to
his people on earth.**

**Lord God, heavenly King, almighty God
and Father, we worship you, we give you
thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God, you take away the**

**sin of the world: have mercy on us; you
are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One, you
alone are the Lord, you alone are the Most
High, Jesus Christ, with the Holy Spirit, in
the glory ✠ of God the Father. Amen.**

All remain standing for the COLLECT.

Almighty God, who called your Church to
bear witness that you were in Christ reconcil-
ing the world to yourself: help us to proclaim
the good news of your love, that all who hear
it may be drawn to you; through him who was
lifted up on the cross, and reigns with you in
the unity of the Holy Spirit, one God, now and
for ever. **Amen.**

LITURGY OF THE WORD

Readings for Year B, Proper 16

FIRST READING

Jos 24.1–2,14–18

A reading from the book of Joshua.

Joshua gathered all the tribes of Israel to
Shechem and summoned the elders, the
heads, the judges, and the officers of Israel.
And they presented themselves before God.
And Joshua said to all the people:

“Now therefore fear the Lord and serve
him in sincerity and in faithfulness. Put away
the gods that your fathers served beyond
the River and in Egypt, and serve the Lord.
And if it is evil in your eyes to serve the Lord,
choose this day whom you will serve, whether
the gods your fathers served in the region
beyond the River, or the gods of the Amorites
in whose land you dwell. But as for me and my
house, we will serve the Lord.”

Then the people answered, “Far be it from
us that we should forsake the Lord to serve
other gods, for it is the Lord our God who
brought us and our fathers up from the land of
Egypt, out of the house of slavery, and who did
those great signs in our sight and preserved
us in all the way that we went, and among all

the peoples through whom we passed. And the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.”

This is the Word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM *from Ps 34*

R/. On the day I called, you answered me,
O Lord. (*All repeat*)

The eyes of the Lord are upon the righteous,
and his ears are open to their cry.

The Lord turns his face against those who do
evil,
to root out the remembrance of them from
the earth. R/.

The Lord hears the righteous when they cry,
and delivers them from all their troubles.

The Lord is near to the broken-hearted;
those whose spirit is crushed he will save. R/.

Many are the troubles of the righteous,
but the Lord will deliver him from them all.
He will keep safe all his bones;
not one of them shall be broken. R/.

Evil shall slay the wicked,
and those who hate the righteous will be
punished.

The Lord ransoms the souls of his servants.
Those who trust in him shall not be
condemned. R/.

SECOND READING *Eph 6.10–20*

A reading from the letter of Paul to the
Ephesians.

Finally, be strong in the Lord and in the
strength of his might. Put on the whole
armour of God, that you may be able to
stand against the schemes of the devil. For
we do not wrestle against flesh and blood,
but against the rulers, against the authorities,
against the cosmic powers over this present
darkness, against the spiritual forces of evil
in the heavenly places. Therefore take up the
whole armour of God, that you may be able to
withstand in the evil day, and having done all,

to stand firm. Stand therefore, having fastened
on the belt of truth, and having put on the
breastplate of righteousness, and, as shoes for
your feet, having put on the readiness given
by the gospel of peace. In all circumstances
take up the shield of faith, with which you
can extinguish all the flaming darts of the evil
one; and take the helmet of salvation, and the
sword of the Spirit, which is the word of God,
praying at all times in the Spirit, with all prayer
and supplication. To that end keep alert with
all perseverance, making supplication for all
the saints, and also for me, that words may be
given to me in opening my mouth boldly to
proclaim the mystery of the gospel, for which
I am an ambassador in chains, that I may
declare it boldly, as I ought to speak.

This is the Word of the Lord.

Thanks be to God.

GRADUAL HYMN— **313**

GOSPEL ACCLAMATION *Jn 6.63,68*

Alleluia.

Your words are spirit, Lord, and they are life:
you have the message of eternal life. *Alleluia.*

GOSPEL READING *Jn 6.56–69*

The Lord be with you. **And also with you.**

Hear the Gospel ✠ of our Lord Jesus Christ
according to John. **Glory to you, O Lord.**

Jesus said to the crowd:

“Whoever feeds on my flesh and drinks my
blood abides in me, and I in him. As the liv-
ing Father sent me, and I live because of the
Father, so whoever feeds on me, he also will
live because of me. This is the bread that came
down from heaven, not like the bread the
fathers ate and died. Whoever feeds on this
bread will live for ever.” Jesus said these things
in the synagogue, as he taught at Capernaum.

When many of his disciples heard it, they
said, “This is a hard saying; who can listen
to it?” But Jesus, knowing in himself that his
disciples were grumbling about this, said to
them, “Do you take offence at this? Then what

if you were to see the Son of Man ascending to where he was before? It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life. But there are some of you who do not believe.” (For Jesus knew from the beginning who those were who did not believe, and who it was who would betray him.) And he said, “This is why I told you that no-one can come to me unless it is granted him by the Father.”

After this many of his disciples turned back and no longer walked with him. So Jesus said to the twelve, “Do you want to go away as well?” Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God.”

This is the Gospel of the Lord.

Praise to you, O Christ.

A SERMON *may follow.*

All *stand* to recite the NICENE CREED.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven,

(all bow) **was incarnate from the Holy Spirit and the Virgin Mary, and was made man.**

(all rise) **For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified,

who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life ✠ of the world to come. Amen.

The INTERCESSIONS are introduced, and all kneel. One of these responses may be used:

℣. Lord, hear us. ℞. **Lord, graciously hear us.**
or ℣. Lord, in your mercy, ℞. **Hear our prayer.**

At the Commemoration of the Departed:

℣. Rest eternal ✠ grant unto them, O Lord;
℞. **And let light perpetual shine upon them.**

The Intercessions end:

Merciful Father,

Accept these prayers, for the sake of your Son, our Saviour Jesus Christ. Amen.

LITURGY OF THE SACRAMENT

All *stand* as the priest introduces the PEACE.

The peace of the Lord be always with you.

And also with you.

OFFERTORY HYMN— **294**

The people unite their prayers with the priest, who says the PRAYER OVER THE OFFERINGS.

Pray, my brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his Church.

O God, source of true devotion and peace, grant that through this offering we may pay you the worship that we owe and receive this sacrament with united hearts; through Christ our Lord. **Amen.**

EUCCHARISTIC PRAYER

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

The PREFACE follows.

All respond with the SANCTUS & BENEDICTUS.
**Holy, holy, holy Lord, God of power and
might, heaven and earth are full of your
glory. Hosanna in the highest.**
**Blessed is he ✠ who comes in the name of
the Lord. Hosanna in the highest.**

All kneel. After the Consecration, all acclaim:
Great is the mystery of faith:
Christ has died;
Christ is risen;
Christ will come again.

The Eucharistic Prayer continues, and ends:
... for ever and ever. **Amen.**

RITE OF COMMUNION

The priest introduces the LORD'S PRAYER.
**Our Father, who art in heaven, hallowed
be thy name; thy kingdom come; thy will
be done, on earth as it is in heaven. Give
us this day our daily bread. And forgive
us our trespasses, as we forgive those who
trespass against us. And lead us not into
temptation; but deliver us from evil.**
**For thine is the kingdom, the power and
the glory, for ever and ever. Amen.**

The priest breaks the Host; AGNUS DEI is sung.
**Lamb of God, you take away the sin of the
world: have mercy on us.**
**Lamb of God, you take away the sin of the
world: have mercy on us.**
**Lamb of God, you take away the sin of the
world: grant us peace.**

The priest gives the COMMUNION INVITATION.
Behold the Lamb of God, who takes away the
sin of the world. Blessed are those who are
called to his supper.
**Lord, I am not worthy to receive you, but
only say the word, and I shall be healed.**

Holy Communion is distributed.

COMMUNION HYMN—**283**

The priest says the POST-COMMUNION prayer.
God our creator, you feed your children with
the true manna, the living bread from heaven:
let this holy food sustain us through our
earthly pilgrimage until we come to that place
where hunger and thirst are no more; through
Jesus Christ our Lord. **Amen.**

CONCLUSION

The priest gives the BLESSING and DISMISSAL.
The Lord be with you.
And also with you.

... The blessing of God almighty, the Father,
the Son, ✠ and the Holy Spirit, be among
you, and remain with you always. **Amen.**

Go in the peace of Christ.
Thanks be to God.

RECESSIONAL HYMN—**312**

The service may be followed by the ANGELUS.
∨. The angel of the Lord declared unto Mary:
℟. **And she conceived by the Holy Spirit.**
Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
**Holy Mary, Mother of God,
pray for us sinners, now,
and at the hour of our death. Amen.**

∨. Behold the handmaid of the Lord:
℟. **Be it unto me according to thy word.**
Hail Mary ...

∨. And the Word was made flesh:
℟. **And dwelt among us.**
Hail Mary ...

∨. Pray for us, O holy Mother of God:
℟. **That we may be made worthy of the
promises of Christ.**

Let us pray. Pour forth, we beseech you, O
Lord, your grace into our hearts; that we to
whom the Incarnation of Christ, your Son,
was made known by the message of an angel,
may by his Passion and Cross ✠ be brought
to the glory of his Resurrection; through the
same Christ our Lord. **Amen.**